

### Health and Welfare @ NAC – Inventory List

Accession #	Creation Date	Extent (# of pages)	Title	Scope and Content (Description)
HW001	1948-1952	1	Department of National Health and Welfare	List of use of file: National Park Association of Canada.
HW002	1953-1960	1	Department of National Health and Welfare	List of use of file: National Park Association of Canada.
HW003	No Date	1	“Dear Canadian:”	Letter from Selby Walker asking assistance of Canadians in distributing materials
HW004	No Date	1	Mr. B.C. Cartoon	Cartoon depicting B.C. as the leader of fitness and health programs in Canada.
HW005	No Date	1	“Your Help Will Be Appreciated”	Call for assistance in distributing pamphlet.
HW006	22/08/1945	2	Letter to Ian Eisenhardt from Selby Walker	Walker is explaining the activities of his organization in regards to a letter sent to him by Eisenhardt. He speaks about the hostel program being set up.
HW007	22/08/1945	2	Letter to Ian Eisenhardt from Selby Walker	Walker is attempting to convince Eisenhardt to influence the Parks Dept. to provide greater access to the National Parks so that guests of all income levels can visit and maintain both their health and fitness.
HW008	21/03/1946	1	Letter to Hon. Brooke Claxton from Selby Walker	Letter enclosing Bulletins asking for Canadians to be granted two weeks with pay so that they can have the opportunity to meet and enjoy the Canadian National Parks.
HW009	No Date	1	Avoidable taxation	A flyer advocating “health building holidays” and constructing highways on the prairies.
HW010	06/05/1946	1	Letter to Selby Walker from A.E. Ainger	A thank you letter for sending the bulletins of the CNPA to the Minister of National Health and Welfare.
HW011	27/03/1948	1	Letter to Doris Plewes from Selby Walker	Letter from Walker giving detailed information about the executive of the CNPA, as per request.
HW012	18/08/1948	1	Letter to Doris Plewes from Selby Walker	Walker is thanking Plewes for her questions but states that although their organizations are similar in aim, the CNPA precedes her goals as it is meant to develop a health and welfare infrastructure at a young age which would be comparable to many European nations.

HW013	21/08/1948	1	Letter to Selby Walker from Doris Plewes	Plewes is thankful for the information sent to her via Walker and looks to discuss further the idea of a two week holiday – a “family camp project” as her organization was planning a similar program.
HW014	26/08/1948	1	Letter to Doris Plewes from Selby Walker	Walker appreciates that she is motivated by this concept and states that he thinks a program is a great idea because it will make use of the national parks.
HW015	28/09/1948	1	Letter to Doris Plewes from Selby Walker	Walker is explaining that poor health results in heavy, daily financial losses for the Canadian government in taxes and programs such as these merit stronger governmental support.
HW016	05/10/1949	7	Letter to Selby Walker from Doris Plewes	This letter includes the proposal for the family camping/two weeks paid time on the land proposal which Walker and Plewes had conversed about.
HW017	13/10/1949	1	Letter to Doris Plewes from Selby Walker	Walker agrees with much of what is said in the proposal but since it is for Ottawa, he assumes it will have to be undertaken in provincial parks as no national parks are in close proximity to that city.
HW018	08/11/1949	1	Letter to Ernest Lee from Selby Walker	Walker explains to Lee that his department must promote facilities for low income families.
HW019	30/11/1949	2	Letter to Selby Walker from Ernest Lee	Plewes responds for Lee stating that it is up to individuals to decide where to take their vacations and travel is the current interest, not less expensive vacation.
HW020	02/12/1949	2	Letter to Doris Plewes from Selby Walker	Walker continues promoting health and recreation by advocating for train trips, which would stop at points of interest, for families to cross the country on. He attached a report entitled “holidays for all Canadians.”
HW021	06/12/1949	1	Letter to Selby Walker from Doris Plewes	Thank you letter for the report (HW020).
HW022	15/12/1949	7	Letter to Selby Walker from Doris Plewes	Plewes is sending an attachment entitled “information on workers holidays and family camps” for Walker to look at.
HW023	04/08/1939	1	Excerpt from a letter	Letter is explaining the development of camping and recreational programs in New Zealand.
HW024	No Date	1	Films dealing with family and worker’s holidays	List of films dealing with family and worker’s holidays

HW025	22/12/1949	1	Letter to Ernest Lee from Selby Walker	Walker is attempting to further explain the idea of the travelling train/hotel excursions explained first in HW020.
HW026	12/01/1950	1	Letter to Selby Walker from Ernest Lee	Thank you letter for the correspondence in HW025.
HW027	04/03/1950	1	Letter to Ernest Lee from Selby Walker	Walker is trying to convince Lee to have provincial education ministers show camping/recreation oriented films in schools across the country to promote this idea of healthy living.
HW028	04/07/1950	1	Letter to Ernest Lee from Selby Walker	Walker is asking for Lee to promote internally the idea of youth hostelling across the country and furthermore, provides anecdotes about people who have experienced the hostel system first hand.
HW029	01/07/1950	2	<i>The CYH Trail Blazer</i> – July 1950	This is the newsletter for the Canadian Youth Hostel Association.
HW030	No Date	2	<i>Youth's Heritage Is In The Outdoors</i>	Pamphlet describing the 3-year plan for Alberta Hostelling and the promotion of a lifestyle to youth.
HW031	No Date	1	Photograph – Bird Sanctuary	Postcard from the Inglewood Bird Sanctuary.
HW032	06/07/1950	1	Letter to Selby Walker from Doris Plewes	Acknowledging letter HW028 and notice of forwarding it to Mr. Lee, presently away from the office.
HW033	07/07/1950	1	Letter to the Department of Health and Welfare	Walker requesting pamphlets on the theory and practice of walking as well as a copy of memo #7 (Fit for Tomorrow) in English.
HW034	11/07/1950	1	Letter to Selby Walker from Doris Plewes	Plewes is responding to Walker's questions from HW033.
HW035	29/03/1951	1	Letter to Doris Plewes from Selby Walker	Walker is advocating research into the Don Valley Conservation project, a physical fitness program taken on by the City of Toronto which he thinks will be effective for those unable to afford expensive vacations.
HW036	02/04/1951	1	Letter to Selby Walker from Doris Plewes	Thank you letter for HW035.
HW037	02/04/1951	1	Letter to the Toronto Department of Planning and Development from Doris Plewes	Plewes requests copies of the "Don Valley Conservation Report."
HW038	03/11/1952	1	Letter to Doris Plewes from R.A. Stapells	Letter explaining that he has received a letter as President of the NPAC, but he resigned from that position.
HW039	No Date	1	Organization information list	List of NPAC administration.