

THE SCHOOL OF RECREATION MANAGEMENT AND KINESIOLOGY

Room 380 Acadia Athletic Centre

Degrees offered in the school include the Bachelor of Recreation Management and the Bachelor of Kinesiology. Within the degree programs students are provided with an opportunity to pursue a number of concentrations as well as general or individual programs of study in both recreation management and kinesiology.

Programs in Recreation Management

Recreation Management graduates require a liberal education in order to understand the complex issues that influence our society. In addition, they must know the various components of the fields of recreation and management for a career dedicated to the development of leisure and cultural services. The role of the recreation management program is to develop graduates who will fill management roles in a variety of recreation and leisure settings, such as recreation programmers and leaders, administrators, cultural and recreation facility managers, consultants, outdoor specialists, tourism developers, entrepreneurs, and sport managers. The degree comprises three core areas of study: leisure studies, management, and liberal education. In addition, students may elect a set of courses toward an individualized program or a concentration in outdoor recreation and sustainable tourism, health promotion and wellness, or exercise and sport sciences. The degree program includes opportunities for field work experiences.

Students should be aware that there will be extra fees required to complete several of the non-credit degree requirements and courses which have extensive technical skill acquisition components.

Courses in Leisure Studies Core:

Recr 1013, 1213, 1223, 1243, 1253, 1263, 2013, 2113, 2513 (formerly 3043), 2523 (formerly 3013), 3033, 3113, 4033, 4043 (42h)

Courses in the Management Core:

18h of Busi courses determined by the School of Recreation Management and Kinesiology and the School of Business.

Courses in the Liberal Education Core:

27h of arts or science courses taken at the direction of the school.

Bachelor of Recreation Management

- Leisure studies core (42h)
- Management core (18h)
- Liberal education core (27h)
- Communication courses: Comm 1213, 1223 (6h)
- 27h of electives at the direction of the school to represent either a BRM individualized program or a concentration (27h)
- Non-credit requirements: Recr 2020, 3020, 3030, 4010. Recr 2020 must be completed during the first year in the program.
- Grades of C- or better are required in the leisure studies cores, the management core, and Comm 1213, 1223.
- A minimum program GPA of 2.00 is required to be eligible to graduate.

Bachelor of Recreation Management with Honours

- Leisure studies core (42h)
- Management core (18h)
- Liberal education core (27h)
- Communication courses: Comm 1213, 1223 (6h)
- 27h electives at the direction of the school including Recr 4996 and 21h electives, to represent either a BRMH individualized program or a concentration. Honours students must complete a 3h approved research course as part of the 21h electives
- Non-credit requirements: Recr 2020, 3020, 3030, 4010. Recr 2020 must be completed during the first year in the program.
- A GPA of 3.0 is required in the courses in the leisure studies core. Grades of C- or better are required in the management core and Comm 1213, 1223.

- A minimum program GPA of 3.00 is required to be eligible to graduate in the honours program.

Recreation Management Concentrations

Students should recognize that the Bachelor of Recreation Management program is designed to offer the chance to explore the scope of the field and the individualized program of studies for the Bachelor of Recreation Management degree is considered to be an important program option. The recreation management program also offers students the opportunity to take groupings of courses, which focus on specific professional careers in recreation management. The concentrations are not intended to create “specialists”; however, in some cases, students may work toward obtaining basic certifications. Like most fields today, post-graduate study is often required to achieve true expertise in professions and specializations linked to recreation management.

Concentrations: Outdoor Recreation and Sustainable Tourism
 Exercise and Sport Sciences
 Health Promotion and Wellness

The decision to explore a concentration is not normally made until the end of the first year of study. At that time all students must declare their choice of one concentration or of the individualized program. Entry to the concentrations is open to all students, although specific courses, particularly practicums, may have enrolment limits. Entry to these courses will be competitive and application to enter these courses must be made directly to the course instructor. Students should note that it is not required to complete all courses in a concentration in order to graduate.

Students interested in further details related to these concentration options should refer to the recreation management handbook, the school’s website, or consult their faculty advisor.

Programs in Kinesiology

Kinesiologists are university graduates who have acquired knowledge about the biophysical, biomechanical, socio-cultural, and psychomotor bases of human movement and physical activity. The Bachelor of Kinesiology degree program at Acadia requires students to complete core courses in each of these sub-disciplines, and to complete complementary courses from the Faculty of Arts and the Faculty of Pure and Applied Sciences. Additionally, the degree program provides an opportunity for students to elect courses which represent an in-depth interest in a single sub-discipline, an interest in a professional application or an interest in kinesiology in its broadest sense. Acadia provides many opportunities for students to gain practical experience in research, leadership and instruction, management, sports rehabilitation, etc., and encourages students to take advantage of these opportunities.

Kinesiology core (45h):

Kine 1013, 1113 (formerly 2393), 1413, 1513 (formerly 2513), 2033 (formerly 3033), 2243, 2253, 2413, 2423, 3013, 3213, 3363, 3443, 4513, 4633 (45h)

Bachelor of Kinesiology

- Kinesiology core (45h)
- Comm 1213/1223 (6h)
- Arts/Science core (27h): Math 1213, 6h from the Faculty of Arts, 6h from the Faculty of Pure and Applied Science, 12h from the Faculty of Arts or Faculty of Pure and Applied Science (27h)
- Kinesiology electives (18h)
- University electives (24h, 15h of which must be outside Kine or Srmk)
- Kine 2010, 4010
- At least 50% of the Kine electives offered for the degree must be at the 3000 level or higher.
- A GPA of 2.5 must be obtained in the kinesiology core. A minimum program GPA of 2.00 is required to be eligible to graduate

Bachelor of Kinesiology with Honours

- Kinesiology core (45h)
- Comm 1213/1223 (6h)

- Arts/Science core (27h): Math 1213, 6h from the Faculty of Arts, 6h from the Faculty of Pure and Applied Science, 12h from the Faculty of Arts or Faculty of Pure and Applied Science
- Kinesiology electives to include Kine 3163 and 4996 (27h)
- University electives (15h, all of which must be outside Kine or Srmk)
- Kine 2010, 4010
- At least 50% of the Kine electives offered for the degree must be at the 3000 level or higher.
- A GPA of 3.00 must be obtained in the kinesiology core. A minimum program GPA of 3.00 is required to graduate.

Bachelor of Kinesiology with Honours with Biology

- Kinesiology core (45h)
- Comm 1213/1223 (6h)
- Biology core: (30h) Biol 1113, 1123, 2013, 2023, 2033, 2043, 2053, 9h biology electives
- Arts/Science core: (15h) Math 1213, Chem 1013, 1023, 6h from the Faculty of Arts
- Kinesiology electives to include Kine 3163 and 4996 (21h)
- University electives (3h)
- Kine 2010, 4010
- At least 50% of the Kine electives offered for the degree must be at the 3000 level or higher.
- A GPA of 3.0 must be obtained in the kinesiology core and biology core. A minimum program GPA of 3.00 is required to graduate.

Bachelor of Kinesiology with Honours with Nutrition

- Kinesiology core (45h)
- Comm 1213/1223 (6h)
- Nutrition core: Nutr 1503, 2203, 2213, 2503, 2513, 3523, 3533, 3513 or 3543 (24h)
- Arts/Science core: Math 1213, Chem 1013, 1023, Biol 1113, 1123, 6h from the Faculty of Arts (21h)
- Kinesiology electives to include Kine 3163 and 4996 (21h)
- University electives (3h)
- Kine 2010, 4010
- At least 50% of the Kine electives offered for the degree must be at the 3000 level or higher.
- A GPA of 3.0 must be obtained in the kinesiology core and nutrition core courses. A minimum program GPA of 3.00 is required to graduate.

Bachelor of Kinesiology with Biology

- Kinesiology core (45h)
- Comm 1213/1223 (6h)
- Biology core: (30h) Biol 1113, 1123, 2013, 2023, 2033, 2043, 2053, 9h biology electives
- Arts/Science core: (15h) Math 1213, Chem 1013, 1023, 6h from the Faculty of Arts
- Kinesiology electives (21h)
- University electives (3h)
- Kine 2010, 4010
- At least 50% of the Kine electives offered for the degree must be at the 3000 level or higher.
- A GPA of 2.5 must be obtained in the kinesiology core and biology core. A minimum program GPA of 2.00 is required to graduate.

Bachelor of Kinesiology with Nutrition

- Kinesiology core (45h)
- Comm 1213/1223 (6h)
- Nutrition courses: Nutr 1503, 2203, 2213, 2503, 2513, 3523, 3533, 3513 or 3543 (24h)
- Arts/Science core: Math 1213, Chem 1013, 1023, Biol 1113, 1123, 6h from the Faculty of Arts (21h)
- Kinesiology electives (21h)
- University electives (3h)
- Kine 2010, 4010
- At least 50% of the Kine electives offered for the degree must be at the 3000 level or higher.
- A GPA of 2.5 must be obtained in the kinesiology core and nutrition core courses. A minimum program GPA of 2.00 is required to graduate.

Exploring specific areas in Kinesiology

The undergraduate kinesiology program requires that students gain a foundation in each of the sub-disciplines of kinesiology. Additionally, the degree program provides a number of concentration options which students may use to:

1. pursue in-depth knowledge in one or more of the sub-disciplines of Kinesiology
2. pursue in-depth knowledge in one or more of the professional areas within the field of Kinesiology, or
3. sample courses covering the sub-disciplinary and/or professional breadth of the field of Kinesiology

The first year of study is designed to introduce students to the many sub-disciplines and professional opportunities which exist within the field of kinesiology. Subsequently, completion of the elective component of the degree may follow any of the three options presented above.

In option (1), advanced courses are available in the biological, biomechanical, socio-cultural and psychomotor areas. Faculty advisors can provide suggestions as to course choices from the other faculties that support advanced study in one of these sub-disciplines.

Courses in professional areas are grouped into areas of concentration. Students choosing to pursue a concentration must complete a number of required courses. Entry to certain elective courses, notably courses requiring practical experience, will be limited and is therefore competitive.

Option (3) provides students an opportunity to sample a broad spectrum of courses, which represent individual interests, aptitudes and career goals.

Students who demonstrate particular interest and aptitude in research are encouraged to enter the honours program. This choice is normally made at the end of the second year of study.

Teacher Education

Students who wish to pursue a career in teaching physical education in Nova Scotia public schools are required to complete a four-year undergraduate degree program in physical education/kinesiology, followed by a Bachelor of Education degree, before being certified. In Nova Scotia, completion of a Bachelor of Education degree will take two years of study. Students considering a teaching career should consult with their faculty advisor to ensure appropriate course selection is made. Students should also consult the "Preparing for the Professions" section of this calendar for information regarding the pre-education program of study.