- KEMP, D. J. 2006. Heightened phenotypic variation and agebased fading of ultraviolet butterfly wing coloration. Evolutionary Ecology Research 8:515–527.
- KESSEL, B. 1951. Criteria for sexing and aging European Starlings (*Sturnus vulgaris*). Bird-Banding 22:16–23.
- KESSEL, B. 1957. A study of the breeding biology of the European Starling (*Sturnus vulgaris* L.) in North America. American Midland Naturalist 58:257–331.
- KLUJJVER, H. N. 1935. Waarnemingen over de levenswijze van den Spreeuw (*Sturnus v. vulgaris* L.) met behulp van geringde individuen. Ardea 24:133–166.
- KOMDEUR, J., M. OOREBEEK, T. VAN OVERVELD, AND I. C. CUTHILL. 2005. Mutual ornamentation, age, and reproductive performance in the European Starling. Behavioral Ecology 16:805–817.
- MARTIN, K. 1995. Patterns and mechanisms for agedependent reproduction and survival in birds. American Zoologist 35:340–348.
- MILLER, L. K. AND R. BROOKS. 2005. The effects of genotype, age, and social environment on male ornamentation, mating behavior, and attractiveness. Evolution 59:2414–2425.
- MOUNTJOY, D. J. AND R. E. LEMON. 1995. Extended song learning in wild European Starlings. Animal Behaviour 49:357–366.
- MOUNTJOY, D. J. AND R. E. LEMON. 1996. Female choice for complex song in the European Starling: a field experiment. Behavioral Ecology and Sociobiology 38:65–71.
- NEMETH, E., B. KEMPENAERS, G. MATESSI, AND H. BRUMM. 2012. Rock Sparrow song reflects male age and reproductive success. PLoS ONE 7:e43259.
- OSMOND, M. M., M. W. REUDINK, R. R. GERMAIN, P. P. MARRA, J. J. NOCERA, P. T. BOAG, AND L. M. RATCLIFFE. 2013. Relationships between carotenoid-based female plumage and age, reproduction, and mate colour in the

American Redstart (*Setophaga ruticilla*). Canadian Journal of Zoology 91:589–595.

- PARKS, G. H. 1962. A convenient method of sexing and aging the starling. Bird-Banding 33:148–151.
- PYLE, P., S. N. G. HOWELL, R. P. YUNICK, AND D. F. DESANTE. 1987. Identification guide to North American passerines. Slate Creek Press, Bolinas, California, USA.
- SELANDER, R. K. 1958. Age determination and molt in the Boat-tailed Grackle. Condor 60:355–376.
- SHAWKEY, M. D., N. I. MOREHOUSE, AND P. VUKUSIC. 2009. A protean palette: colour materials and mixing in birds and butterflies. Journal of the Royal Society Interface 6:S221–S231.
- STUTCHBURY, B. J. AND R. J. ROBERTSON. 1986. A simple trap for catching birds in nest boxes. Journal of Field Ornithology 57:64–65.
- SUTHERS, H. B. 1978. Analysis of a resident flock of starlings. Bird-Banding 49:35–46.
- SVENSSON, L. 1992. Identification guide to European passerines. Fourth Edition. Fingraf, Stockholm, Sweden.
- SWADDLE, J. P. AND M. S. WITTER. 1994. Food, feathers and fluctuating asymmetries. Proceedings of the Royal Society of London, Series B 255:147–152.
- WARKENTIN, I. G., P. C. JAMES, AND L. W. OLIPHANT. 1992. Assortative mating in urban-breeding Merlins. Condor 94:418–426.
- WEATHERHEAD, P. J. AND P. T. BOAG. 1995. Pair and extra-pair mating success relative to male quality in Red-winged Blackbirds. Behavioral Ecology and Sociobiology 37:81–91.
- WHITE, D. W., E. D. KENNEDY, AND P. C. STOUFFER. 1991. Feather regrowth in female European Starlings rearing broods of different sizes. Auk 108:889–895.
- WILLIAMS, T. D. 1991. Ageing criteria in the starling *Sturnus* vulgaris. Ringing and Migration 12:113–117.

The Wilson Journal of Ornithology 129(1):171-175, 2017

# Morphological Differences Between Nearctic and Eastern Palearctic Gray-headed Chickadees (*Poecile cinctus*)

Lucas H. DeCicco,<sup>1,2</sup> Dave Shutler<sup>1,3</sup> and Stephen W. Mockford<sup>1</sup>

ABSTRACT.—The geographic distribution of the nonmigratory Gray-headed Chickadee (*Poecile cinctus*) straddles the continents of North America and Eurasia. Morphological variation in this species has been poorly studied, particularly regarding differences between Nearctic and adjacent Palearctic populations (subspecies *lathami* and *cinctus*, respectively). To evaluate geographic patterns of morphological variation between *lathami* and *cinctus*, we measured 24 variables related to coloration and structure on 24 museum specimens. We found statistically significant average differences between specimens of *lathami* and *cinctus* in three plumage areas and three measures of bill size. Genetic analysis is needed to further quantify divergence in *lathami*. *Received 17 December* 2015. Accepted 11 March 2016.

Key words: Beringia, Gray-headed Chickadee, morphological variation, plumage variation, *Poecile cinctus cinctus*, *Poecile cinctus lathami*, Siberian Tit.

<sup>&</sup>lt;sup>1</sup> Department of Biology, Acadia University, 33 Westwood Avenue, Wolfville, Nova Scotia, B4P 2R6, Canada.

<sup>&</sup>lt;sup>2</sup> Current address: 4826 Mills Drive, Anchorage AK, 99508, USA.

<sup>&</sup>lt;sup>3</sup> Corresponding author; e-mail: dave.shutler@acadiau.ca

The Gray-headed Chickadee (Poecile cinctus) has the most extensive and northern distribution of all parid species. Their nearly circumboreal range extends from Scandinavia, across northern Eurasia to the Russian Far East, with a disjunct population in northern Alaska and adjacent Canada. As the only parid in both the Palearctic and Nearctic (Harrap and Quinn 1996), Gill et al. (2005) concluded that Gray-headed Chickadees spread across the Palearctic after speciation within the Nearctic. The small Nearctic population represents either the most basal population, from which the Palearctic populations dispersed, or a subsequent recolonization of the Nearctic from the Palearctic (Gill et al. 2005). Four subspecies of Gray-headed Chickadee are recognized (Hailman and Haftorn 1995, Clements 2007). We deal only with P. c. cinctus (Siberia to the Russian Far East; the most easterly Palearctic subspecies) and P. c. lathami (Alaska and northwestern Canada; the only Nearctic subspecies), hereafter referred to by their subspecies names alone.

The Nearctic Gray-headed Chickadee was first referred to as *Parus cinctus alascensis* (Pražák 1895) until the AOU (1952) submerged this name in *Parus cinctus lathami* (Stephens *in* Shaw, Gen. Zool., Vol. X, Pt. I: 44, 1817). No type exists for *alascensis* according to Hellmayr (1934:77) "The author [Pražák], who was insane, probably never examined a specimen himself...". Likewise, we have been unable to locate a type for *lathami*. Scant information has since been collected on the morphology of *lathami* and very little is known about its natural history.

In the Palearctic, morphological variation among Gray-headed Chickadee subspecies is slight and primarily clinal (Cramp et al. 1993, Harrap and Quinn 1996). Uimaniemi et al. (2003) found no significant genetic variation between two Palearctic subspecies of the Gray-headed Chickadee separated by more than 5,000 km. Snow (1954) found that within Palearctic populations of eight chickadee species, including the Grayheaded, wing and tail length were negatively correlated with minimum temperature and tail length increased from west to east. He also found that trends in plumage coloration included a tendency for chickadee species in colder climates to be lighter and grever versus darker and more rufous in warmer climates.

Little information regarding geographic variation between *lathami* and *cinctus* has been published. Bent (1946) stated that *lathami* differed from *cinctus* in having a smaller bill and darker plumage. However, Harrap and Quinn (1996:288) suggested that *lathami* differs little from *cinctus* in plumage and that these differences fell within the variation observed in the latter taxon, and that bill measurements of *lathami* are "only marginally smaller". Phillips (1986:80) stated that *lathami* is "Smaller; bill small (BI [bill length] 9–9.5 [mm], *fide* Ridgway). Pale like Siberian birds." All the above statements are based on unknown numbers and provenance of specimens.

To address the lack of published information on differences between *lathami* and *cinctus*, we measured color and structural characteristics on specimens of Gray-headed Chickadees deposited at major United States museums to quantify morphological differences between these two taxa.

#### METHODS

We examined 24 adult Gray-headed Chickadee specimens housed at the U.S. National Museum (USNM; n = 14), the Museum of Comparative Zoology (MCZ; n = 8), and the American Museum of Natural History (AMNH; n = 2); 8 were *cinctus* and 16 were *lathami* (Table 1). Subspecies were identified based on geographic provenance. With few exceptions, we obtained both structural and color measurements from all specimens. We used reflectance spectrophotometry to quantify plumage coloration (Hill 1998).

We took color measurements using a HR200 high-resolution spectrophotometer (Ocean Optics Inc., Dunedin, FL, USA) with an Analytical Instrument Systems Inc. (Ringoes, NJ, USA) model Mini – DT light source (powered by an Elpac Power Supplies unit, model W7212; Irvine, CA, USA). We analyzed data from the spectrophotometer in SpectraSuite (Ocean Optics Inc., Dunedin, FL, USA). For each plumage color measured, data were expressed in the *L. a. b.* color space (Graves 1997, Maley and Winker 2007) according to the following three values: *L* (dark to light), *a* (green to red), and *b* (blue to yellow).

We followed standard protocols for spectrophotometric measurement (Graves 1997, Hill 1998) while using a custom-made tip which kept the end

Specimens	Subspecies	Location		
AMNH 119527	lathami	Alaska, Hula-hula River; N 69.1°, W. 144.5°		
AMNH 373211	lathami	Alaska, Golafnin Bay; N 64.6°, W. 163.1°		
MCZ 256270	cinctus	Russia, Siberia, Nizhnekolymsk; N 68.3°, E. 161.2°		
MCZ 256271	cinctus	Russia, Siberia, Nizhnekolymsk; N 68.3°, E. 161.2°		
MCZ 256272	cinctus	Russia, Siberia, Nizhnekolymsk; N 68.3°, E. 161.2°		
MCZ 64044	cinctus	Russia, Siberia, Nizhnekolymsk; N 68.3°, E. 161.2°		
MCZ 64045	cinctus	Russia, Siberia, Nizhnekolymsk; N 68.3°, E. 161.2°		
MCZ 64047	cinctus	Russia, Siberia, Nizhnekolymsk; N 68.3°, E. 161.2°		
MCZ 64048	cinctus	Russia, Siberia, Nizhnekolymsk; N 68.3°, E. 161.2°		
MCZ 64049	cinctus	Russia, Siberia, Nizhnekolymsk; N 68.3°, E. 161.2°		
USNM 187731	lathami	Alaska, mountains near Eagle; N 64.7°, W. 141.2°		
USNM 187732	lathami	Alaska, mountains near Eagle; N 64.7°, W. 141.2°		
USNM 286599	lathami	Alaska, Twelvemile Creek; N 65.4°, W. 145.5°		
USNM 286605	lathami	Alaska, McManus Creek; N 65.4°, W. 145.6°		
USNM 287659	lathami	Alaska, Alatna River; N 67.6°, W. 154.3°		
USNM 287660	lathami	Alaska, Alatna River; N 67.6°, W. 154.3°		
USNM 298355	lathami	Alaska, Beaver Mountains; N 62.6°, W. 157.1°		
USNM 299322	lathami	Canada, Old Crow River; N 68.2°, W. 139.6°		
USNM 299323	lathami	Canada, Old Crow River; N 68.2°, W. 139.6°		
USNM 299324	lathami	Canada, Old Crow River; N 68.2°, W. 140.5°		
USNM 299325	lathami	Canada, Old Crow River; N 68.2°, W. 140.5		
USNM 299326	lathami	Canada, Old Crow River; N 68.2°, W. 140.5		
USNM 70828	lathami	Alaska, Nulato; N 64.7°, W. 158.0°		
USNM 75431	lathami	Alaska, Nulato; N 64.7°, W. 158.0°		

TABLE 1. The 24 Gray-headed Chickadee (*Poecile cinctus*) specimens used in this paper with assigned subspecies and geographic provenance.

of the probe 9 mm from the plumage area being measured. We calibrated the spectrophotometer before each bird was scanned and collected data in the same order on each specimen (crown, mantle, flank, secondary, and tertial edges, and greater primary covert edges). We programmed Spectra-Suite to average 20 scans and we measured all plumage areas three times in succession, with removal of the probe between each measurement.

We used metal calipers accurate to 0.01 mm to measure structural variables. We took all measurements (bill length [nares-tip], bill depth [at distal end of nares], bill width [at distal end of nares], wing length [relaxed], tail length, primary [p] 9 minus p10, p8–p9, p7–p8, and diagonal tarsus) from the USNM and AMNH specimens whereas we took all but tail and tarsal measurements from the MCZ specimens in compliance with the collection manager's wishes.

We analyzed differences in color and structural characters between *lathami* and *cinctus* using MiniTab15 statistical software (MiniTab Inc., State College, PA, USA). We used regression to test for effects of specimen age (years since collected) and day of the year on which specimen was obtained. For these tests we used adult specimens of *lathami* (n=9 for color and n=12 for structure) taken over a wide temporal distribution (specimens collected from 1876 to 1924, and in February, March, April, and August). We removed variables from subsequent analyses that had significant relationships with specimen age and date of collection. We also removed variables (three measures of wings) which we later learned can be affected by methods of specimen preparation.

We used ANOVAs to test for differences in color and structural variables of *lathami* and *cinctus*. We restricted our sample to specimens within  $35^{\circ}$  of longitude to the east and west of the Bering Strait to have equal geographic spread in both subspecies.

### RESULTS

We found no significant relationships between coloration and age of specimens; however, five color variables had significant correlations with day of the year on which specimens were collected

Variable	P. c. cinctus			P. c. lathami				
	n	Mean	SD	n	Mean	SD	F	Р
Mantle L	7	44.1	2.2	15	40.5	2.5	9.6	0.006
Mantle a	7	4.3	0.6	15	3.9	1.0	0.6	0.44
Mantle b	7	9.1	0.8	15	7.9	2.8	1.2	0.29
Remiges a	7	1.3	0.2	15	1.8	0.6	5.0	0.04
Crown L	7	39.2	1.7	15	37.2	3.0	2.4	0.13
Crown b	7	7.1	0.9	15	7.2	0.8	0.2	0.70
Flank L	7	65.1	1.7	15	60.9	4.4	5.5	0.03
Flank a	7	4.1	1.3	15	5.6	1.7	4.0	0.06
Flank b	7	11.5	2.6	15	12.6	3.9	0.7	0.42
Greater covert L	7	47.4	5.8	15	44.2	2.4	3.0	0.10
Bill length (mm)	10	6.9	0.5	15	7.8	0.3	50.6	< 0.001
Bill width (mm)	10	3.0	0.4	12	3.7	0.3	43.5	< 0.001
Bill depth (mm)	10	3.5	0.5	13	3.9	0.3	16.7	< 0.001
Wing length (mm)	10	66.9	1.8	16	67.4	2.0	< 0.1	0.90

TABLE 2. Comparison of color and structural variables of the Gray-headed Chickadee (*Poecile cinctus*) subspecies *cinctus* and *lathami*. Statistically significant differences in bold.

(crown a, edging of remiges L and b, and greater covert edging a and b). These variables were removed from subsequent analyses. No significant correlations were found between structural variables and specimen age or day of the year of collection.

For the remaining 14 variables, *lathami* differed significantly from *cinctus* in 3 of 10 color variables and 3 of 4 structural variables (Table 2; note that only  $0.05 \times 14$  tests = ~1 significant comparison would be expected by chance). We found, when comparing *lathami* to *cinctus*, the following significant color differences: mantle coloration was darker (lower *L* value), flank coloration was darker (lower *L* value). All three bill measurements (length, width, and depth) were significantly larger in *lathami* than in *cinctus*. All other traits did not differ significantly (Table 2).

## DISCUSSION

The first published account of morphological differences between *lathami* and *cinctus* Grayheaded Chickadees was that of Bent (1946) who stated that *lathami* have darker plumage and a smaller bill length; this was reiterated by Harrap and Quinn (1996). Neither the number nor location of specimens for these observations was provided. Our findings support the "darker plumage" claim

but contradict the "smaller bill length" claim. Our results suggest divergence in bill dimensions and coloration between *lathami* and *cinctus*. These findings support the status of *lathami* as being different from *cinctus*; however, our data analyses and project design were insufficient to determine if *lathami* forms a robust subspecies differing from *cinctus* based on definitions and discussion within Remsen (2010). Future genetic research may illuminate the historical geographic patterns of isolation in this species and help determine if *cinctus* and *lathami* shared ancestors within the Beringian refugium (Hopkins 1959), or if these two subspecies existed in disparate refugia during the last glacial maximum.

Properly defined taxonomic delineations are one of the basic necessities for focusing conservation efforts most effectively. In light of the scarcity of lathami, it is imperative that taxonomic standing of this subspecies be investigated further. Given their propensity for using transitional habitat at the northern fringe of the boreal forest (Murie 1928), *lathami* is likely particularly susceptible to effects of climate change (e.g., rapidly changing tree line; Grace et al. 2002) and expanding distribution of competing congeneric parids (T. Booms, pers. comm.). Due to perceived declines in the lathami (H. Korth, pers. comm.) and the apparent rarity of this taxon (<5 individuals seen annually over the past decade [T. Booms, pers. comm.]), it is important to understand aspects of its natural

history, population dynamics, and taxonomic status. Our findings support the distinctness of *lathami* and we hope this information can be used to bolster conservation action for this rare and sparsely distributed taxon.

## ACKNOWLEDGMENTS

We thank the curatorial staffs at the USNM, MCZ, and AMNH who generously loaned specimens, assisted in our data collection, and graciously accommodated DeCicco's visits. Assistance provided by K. Samson during data collection was greatly appreciated. Funding provided by The Arctic Audubon Society allowed DeCicco to visit collections used in this research. Discussions with T. Booms, R. Dittrick, H. Korth, and P. Tomkovich added useful information to this paper. The original idea for this project was a product of conversations with D. Gibson and K. Winker; we hope this manuscript bears some semblance to the original ideas we discussed. D. Ruthrauff and F. B. Gill provided very thorough and thoughtful reviews of the manuscript and additional valuable comments were provided by anonymous reviewers.

#### LITERATURE CITED

- AMERICAN ORNITHOLOGISTS' UNION (AOU). 1952. Twentyseventh supplement to the American Ornithologists' Union check-list of North American birds. Auk 69:308–312.
- BENT, A. C. 1946. Life histories of North American jays, crows, and titmice: Order Passeriformes (Families Corvidae and Paridae). United States National Museum Bulletin 191:1–495.
- CLEMENTS, J. F. 2007. The Clements checklist of birds of the world. Sixth Edition. Cornell University Press, Ithaca, New York, USA.
- CRAMP, S., C. M. PERRINS, D. J. BROOKS, E. DUNN, R. GILMOR, J. HALL-CRAGGS, B. HILLCOAT, P. A. D. HOLLOM, E. M. NICHOLSON, C. S. ROSELAAR, W. T. C. SEALE, P. J. SELLAR, K. E. L. SIMMONS, D. W. SNOW, D. VINCENT, K. H. VOOUS, D. I. M. WALLACE, AND M. G. WILSON (Editors). 1993. Handbook of the birds of Europe, the Middle East and North Africa: the birds of the western Palearctic. Volume 7. Flycatchers to shrikes. Oxford University Press, Oxford, United Kingdom.

- GILL, F. B., B. SLIKAS, AND F. H. SHELDON. 2005. Phylogeny of titmice (Paridae): II. Species relationships based on sequences of the mitochondrial cytochrome-*b* gene. Auk 122:121–143.
- GRACE, J., F. BERNINGER, AND L. NAGY. 2002. Impacts of climate change on the tree line. Annals of Botany 90:537–544.
- GRAVES, G. R. 1997. Age determination of free-living male Black-throated Blue Warblers during the breeding season. Journal of Field Ornithology 68:443–449.
- HAILMAN, J. P. AND S. HAFTORN. 1995. Gray-headed Chickadee (*Poecile cinctus*). The birds of North America. Number 196.
- HARRAP, S. AND D. QUINN. 1996. Chickadees, tits, nuthatches and treecreepers. Princeton University Press, Princeton, New Jersey, USA.
- HELLMAYR, C. E. 1934. Catalogue of birds of the Americas and the adjacent islands in Field Museum of Natural History. Part VII. Field Museum of Natural History, Zoology Series 13:1–531.
- HILL, G. E. 1998. An easy, inexpensive means to quantify plumage coloration. Journal of Field Ornithology 69:353–363.
- HOPKINS, D. M. 1959. Cenozoic history of the Bering land bridge: the seaway between the Pacific and Arctic basins has often been a land route between Siberia and Alaska. Science 129:1519–1528.
- MALEY, J. M. AND K. WINKER. 2007. Use of juvenal plumage in diagnosing species limits: an example using buntings in the genus *Plectrophenax*. Auk 124:907–915.
- MURIE, O. J. 1928. Notes on the Alaska Chickadee. Auk 45:441–444.
- PHILLIPS, A. R. 1986. The known birds of North and Middle America: distribution and variation, migrations, changes, hybrids, etc. Part 1. Hirundinidae to Mimidae; Certhiidae. A. R. Phillips, Denver, Colorado, USA.
- PRAŻÁK, J. P. 1895. Versuch einer Monographie der palaearktischen Sumpfmeisen (*Poecile* Kaup). Ornithologisches Jahrbuch 6:65–99.
- REMSEN JR., J. V. 2010. Subspecies as a meaningful taxonomic rank in avian classification. Ornithological Monographs 67:62–78.
- SNOW, D. W. 1954. Trends in geographical variation in Palaearctic members of the genus *Parus*. Evolution 8:19–28.
- UIMANIEMI, L., M. ORELL, L. KVIST, J. JOKIMÄKI, AND J. LUMME. 2003. Genetic variation of the Siberian Tit *Parus cinctus* populations at the regional level: a mitochondrial sequence analysis. Ecography 26:98–106.

Copyright of Wilson Journal of Ornithology is the property of Wilson Ornithological Society and its content may not be copied or emailed to multiple sites or posted to a listserv without the copyright holder's express written permission. However, users may print, download, or email articles for individual use.